

INTEGRATED CHILD DEVELOPMENT SERVICES UTTAR PRADESH CITIZEN'S CHARTER

OUR VISION: -

The people of a country are its most valuable asset. The strength and prosperity of a nation lies in its people who are healthy, educated and economically self-reliant. Hence, in fulfilling the direction given in the Constitution of India, the government is committed to provide facilities and opportunities to its citizen for education, health and nutrition with a long term goal of ensuring freedom from disease, illiteracy and poverty.

The future of a country is vested in its children. Children of today are the citizens of tomorrow. Hence, it becomes predominantly significant to take adequate steps for the holistic development of the child right from the beginning when he is in the womb of his mother. Such development of child needs adequate facilities for health, education and nutrition.

OUR CLIENT: -

- Children of 0-3 years age group.
- Children of 3-6 years age group.
- Expectant women.
- Nursing mothers.
- Adolescent girls.
- Other referral cases

OUR ACTIVITY: -

- Early childhood care and education.
- Immunization
- Referral services
- Nutrition and health education
- Health checkups

OUR COMMITMENTS: -

ICDS Department, Uttar Pradesh is dedicated for improving nutritional health and education status of children up to 6 years of age, pregnant women and lactating mothers of the society.

Govt. of India and Govt. of Uttar Pradesh have been providing budgetary support for various interventions for ensuring holistic development of children with particular focus on meeting their needs of sound health, supplementary nutrition and joyful learning. World Bank, CARE, WFP and UNICEF have also provided substantial assistance and valuable guidance for the programme.

Our endeavor is to serve the target group more and more effectively so that the children and women from the deprived class of society are free from disease and ignorance.

PROCESS OBJECTIVES: -

- Improve the nutritional and health status of children below the age of six years and women in 20-45 years age group. Lay the foundation for the proper physiological, physical and social development of the child.
- Under immunization program ensuring, T.T. shots to pregnant women and D.P.T. & B.C.G. vaccines to 0-6 years children.
- Reduce the incidences of mortality, malnutrition and school dropouts.
- Achieve effective co-ordination of policy and implementation among various departments to promote child development.
- Enhance the capability of the mother to look after the normal health and nutritional needs of the child, through proper health and nutrition education.
- Ensure the provision of supplementary nutrition the undernourished and severely undernourished women

& children.

The core objectives could only be reached if the process objectives are achieved.

- 1- Reduction by 23.5% in the number of severely and moderately malnourished children.
- 2- Reduction by 10% in Infant Mortality Rate (IMR).
- 3- Reduction by 30% at existing level of the low birth weight babies.

SCHEMES:

Kishori Shakti Yojana: - For qualitative improvement in the health and nutritional requirements of adolescent girls Kishori Shakti Yojana (KSY) is being implemented in 422 child development blocks of the state. The Objectives of the scheme are:

- To sensitize the girls regarding reproductive and health issues.
- To reduce the anemia among the girls.
- To impart vocational training to the girls in order to increase the self-reliance.

The selected girls are imparted 3 days nutritional and health sensitization training followed by 60 days vocational training. The scheme involves unmarried girls in the age group of 11-18 years belonging to families living below poverty line. The scheme has the objective to improve the nutritional and health status, providing required education through non-formal streams, training of home based skills, promoting awareness of health, hygiene, nutrition, house management & child care as well as improving social awareness.

NATIONAL NUTRITION MISSION: -

Being implemented in Sonbhadra and Mirzapur districts of the state. Underweight pregnant and nursing women and adolescent girls from below poverty line family and having weight less than 40 kg and 35 kg are provided 6 kg wheat per month free of cost for 6 month. If the weight of the beneficiary increases than this supply is stopped but if there is no substantial increase in the weight than the supply is repeated for next 6 month.

Entire expenditure on the scheme is borne by the Central Government and the wheat is allocated by food and Civil supplies department.

For the achievement of these objectives the Mahila Mandal of the Angan Wadi are being involved. The girls will form the youth wing of the village Mahila Mandal and will have significant role in sharing work and decision making along with the workers and helpers. The services the girls will receive are immunization, general health checkup, treatment of minor ailments, deworming, measures against anemia, goiter, vitamin deficiencies etc. along with referral to PHC/Hospitals as and when required.

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